Tracking steps for Publix Gasparilla Distance Classic

We've partnered with Race Roster and the ASICS Runkeeper™ app to upload your Converted Virtual Gold Challenge.

Below you'll find detailed instructions and FAQs on how to track your participation using **one of the following two ways**:

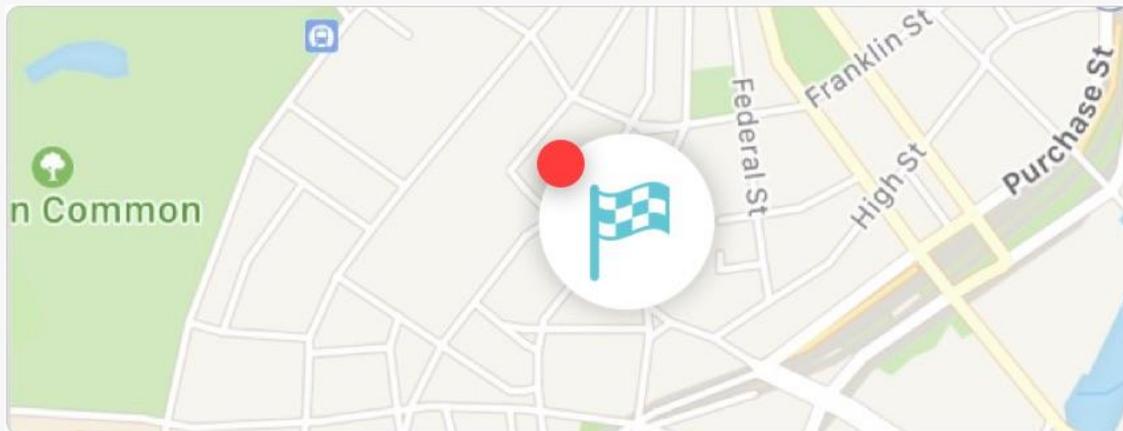### OPTION 1: TRACK WITH THE RUNKEEPER APP

Step 1: Connect your registration

On your **mobile device**, [download the app](#) and add your PGDC event registration by clicking the button below.

Add event to app

Step 2: Record your participation

When you're ready to participate:

- Open the Runkeeper app on a mobile device

- Visit the "start" tab

- Tap the in-app checkered flag and select your event

- Follow the prompts to record your participation

RACE ROSTER

OPTION 2: MANUALLY POST RESULTS

*If you plan to record using another software or tracking device and need to post manually, simply head to **the results page** and **"Submit Virtual Result"**.*

*Your **confirmation number** and last name can be used to confirm your registration before submitting your results.*

ADDITIONAL INFORMATION

- **Multiple event distances or participants under one Race Roster account**
  If you signed up for more than one distance within the same event or signed up multiple individuals for the same event, please visit your Race Roster dashboard, select this event and then use the **"Connect to App"** button for each event distance or person. To send to a friend, copy and paste that connect to app button link and share it with them.

- **How to record your participation with the Runkeeper app**
  To record your participation with the Runkeeper app, you will need to track your activity using your phone or with a connected wearable. You can follow these step-by-step instructions (with images) on how to track your participation using the ASICS Runkeeper app.

- **Tracking with your Fitbit, Garmin, or Apple Watch**
  You can track your participation using your Fitbit, Garmin, or Apple Watch earlier. You must download the Runkeeper app and connect your device prior to starting your activity. Follow these steps to add your Fitbit, Garmin, or Apple Watch activity to the Runkeeper app.

- **How to ensure your activity is tracked correctly**

  Please make sure you run the full distance (to the decimal point) to ensure your result is posted.

  Note: If you run farther than the required distance, the Runkeeper app will post your fastest segment.

- **How to manually post your results on Race Roster**

  Follow these [steps to manually post your results on Race Roster (not using the app)](#).

Limitations to note
At this time, the Runkeeper app is unable to link to Suunto, Coros or Polar, but you can use your iPhone or Android.