



Tracking steps for Publix Gasparilla Distance Classic

We've partnered with Race Roster and the ASICS Runkeeper™ app to track and report your 2021 PGDC Results.

Below you'll find detailed instructions and FAQs on how to track your participation using **one of the following two ways**:



OPTION 1: TRACK WITH THE RUNKEEPER APP

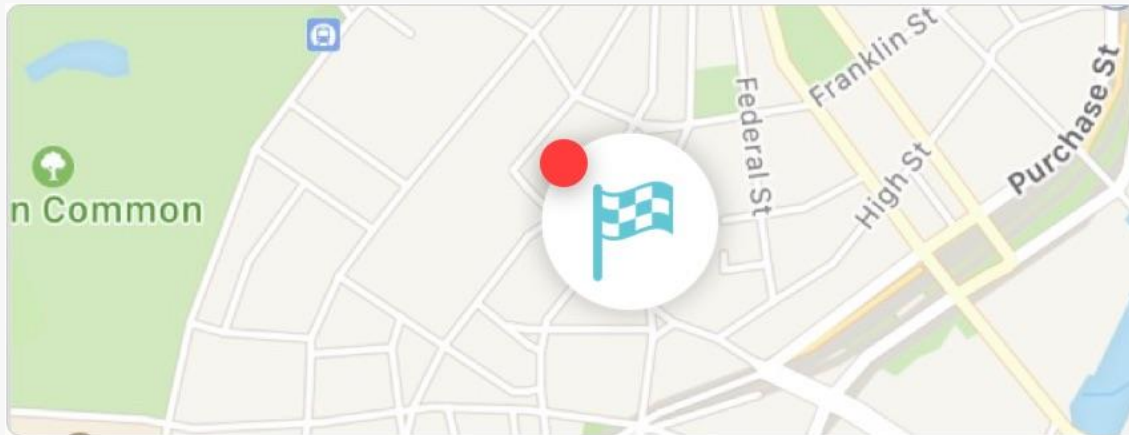
YOU



Step 1: Connect your registration

On your **mobile device**, [download the app](#) and add your PGDC event registration by clicking the button **Add event to app** (this is not a link) that will appear on your dashboard.

Step 2: Record your participation



When you're ready to participate:

- Open the Runkeeper app on a mobile device
- Visit the "start" tab
- Tap the in-app checkered flag and select your event
- Follow the prompts to record your participation



OPTION 2: MANUALLY POST RESULTS

*If you plan to record using another software or tracking device and need to post manually, simply head to [the results page](#) and “**Submit Virtual Result**”.*

*Your **confirmation number** and last name can be used to confirm your registration before submitting your results.*



ADDITIONAL INFORMATION

- **Multiple event distances or participants under one Race Roster account**

If you signed up for more than one distance within the same event or signed up multiple individuals for the same event, please visit your [Race Roster dashboard](#), select this event and then use the “**Connect to App**” button for each event distance or person. To send to a friend, copy and paste that connect to app button link and share it with them.

- **How to record your participation with the Runkeeper app**

To record your participation with the Runkeeper app, you will need to track your activity using your phone or with a connected wearable. You can follow these [step-by-step instructions \(with images\) on how to track your participation using the ASICS Runkeeper app](#).

- **Tracking with your Fitbit, Garmin, or Apple Watch**

You can track your participation using your Fitbit, Garmin, or Apple Watch earlier. You must download the Runkeeper app and connect your device prior to starting your activity. [Follow these steps](#) to add your [Fitbit](#), [Garmin](#), or [Apple Watch](#) activity to the Runkeeper app.

- **How to ensure your activity is tracked correctly**

Please make sure you run the full distance (to the decimal point) to ensure your result is posted.

Note: If you run farther than the required distance, the Runkeeper app will post your fastest segment.

- **How to manually post your results on Race Roster**

Follow these [steps to manually post your results on Race Roster \(not using the app\)](#).

Limitations to note

At this time, the Runkeeper app is unable to link to Suunto, Coros or Polar, but you can use your iPhone or Android.